**ПРИЛОЖЕНИЕ 1**

ДИНАМИЧЕСКИЕ ПАУЗЫ

1. Hands up, hands down! Hands on your knees, sit down!

Clap your hands, stand up! Stamp your feet, hands up!

One, two, three, hop! One, two, three, stop!

(Дети выполняют команды вместе с учителем.)

2. (На столе: bear, hare, dog, frog) How many toys are there on the table? 1? 2? 3? A lot of toys? -No! - Let's count the toys! - ...4! - So, how many toys are there on the table? - 4! - Yes! There are 4 toys on the table! What's this? - It's a bear (...)! - Let's sing a song! This is a bear, this is a hare, this is a dog and this is a frog (Дети вместе с учителем поют песенку, изображая игрушки).

3.{Family: Bunny, do you have a mother (father, sister, brother.)? - Yes, I do! I have a mother (father)! This is my mother (father)! (Достает картинку, кладет ее на пол.) No, I don't! I don't have any sisters! Do you have any brothers? - Yes, I do! - And how many brothers do you have? - I have one brother! This is my brother! - Let's sing a song!

I have a father. I have a mother. I don't have any sisters. I have a brother.

I love my father! Yes, I do! I love my mother! Yes, I do!

I love my brother! Yes, I do! I don't have any sisters! Do you?

(Песенку сопровождают пальчиковой игрой. Гость - большой пальчик. Остальные пальцы - его родственники. При продевании «Yes, I do!" соответствующий палец соединяют с большим.).

4. Stand up! Sit down! Sit on the floor! (Сидя на полу.) А вы знаете, какой стишок читают английские ребята, когда садятся на пол?

1, 2, 3, 4, I'm sitting on the floor. I'm sitting on the floor, 1, 2, 3, 4.

Попробуем сказать вместе! (Жесты: 1-2-3-4 - достают пальчики из кулачка; I'm - показывают на себя; sitting - шлепают себя по бедрам; on the floor - указывают на пол.) Stand up! Sit down! Sit on the chairs!

5. Let's sing the rainbow song!

Purple, indigo, blue and green, Yellow, orange, red. Let's draw

Lovely rainbows on the paper, on the table, on the floor,

On the window, on the curtains, on the bookcase, on the door.

(«Рисуем» то, о чем поем).

6. Let's sing and play!

Let's do it together! It's wonderful weather!

Clap your hands! Spin around! Ride a bike! Touch the ground!

Stamp your feet! Sing a song! Dance about! We are strong!

Shine your shoes! Go to school! Wink your eye! It's so cool!

(Дети выполняют команды вместе с учителем).

7. This is how we wash our face in the morning!

This is how we clean our teeth in the morning!

This is how we brush our hair in the morning!

This is how we eat bread in the morning!

This is how we drink milk in the morning!

This is how we go to school in the morning!

(Дети выполняют команды вместе с учителем.)

8. Head and shoulders

Head and shoulders, knees and toes.

Eyes and ears, and mouth, and nose.

Head and shoulders, knees and toes.

(Дети выполняют команды вместе с учителем.)

9.If you’re happy and you know it, clap your hands!

If you’re happy and you know it, clap your hands!

If you’re happy and you know it,

If you’re happy and you know it,

If you’re happy and you know it, clap your hands!

If you’re happy and you know it, stamp your feet!

If you’re happy and you know it, stamp your feet!

If you’re happy and you know it,

If you’re happy and you know it,

If you’re happy and you know it, stamp your feet!

If you’re happy and you know it, say “Hurray”!

If you’re happy and you know it, say “Hurray”!

If you’re happy and you know it,

If you’re happy and you know it,

If you’re happy and you know it, say “Hurray”!

(Используем песенку для рефлексии).

10. There are four (3,2) fat bears on the old tree.

There are four (3,2) fat bears on the old tree.

And if one fat bear falls down on me…

There is 1 fat bear on the old tree.

(Медведи «падают» с дерева).